

Kimberly Paternoster <kim@wickedcode.com>

February 6, 2012 7:39 AM

To: DJ Doran <dj@seafaring.com>

RE: Out of CONTROL

---

Hi there,

I slept like crap last night. I was sweating all night long, and had to move to the other side of the bed. I can't wait until this is all over. He is sitting here in the office next to me now working through a spreadsheet (it appears) on how to cover expenses.

You know he made FUN of me for being kicked out of Sextant? He would always say my life was falling down around me because I couldn't hold it together with you guys and I couldn't make my relationship work. Amazing to me how many things I've put up with all these years, all because I kept trying to make this "relationship" work. I remembered yesterday that when we moved in together, he kept his kitchenware and sheets boxed up. He would never get rid of them, and when I asked, he'd get angry at me. Yet, he claimed he was committed to me. Doesn't make sense right? I also realized yesterday that I finally know what happened with his family. I think he probably became a narcissist around 4 years old... that was when his mom "abandoned" him in an apartment for a day, locked him in, while she went off alone. He has described that moment as terrifying, and I can imagine as a 4 year old it probably was. They say narcissists act the age that they had the traumatic experience, and he acts like he's about that age. I think as he got older, people in his family wanted to be family... you give and take in a family, it's not all take. I'm not saying they were perfect, but they were his family. He told me they wanted too much from him, so he cut them off. When his mom was dying, his brother asked him to come see her. He buried the letter and never contacted them. I was the one that found the obituary, and it was because he was listed as her son. Clearly she wasn't the one that wrote him off. When we were in St Louis I thought for sure he would want to go see her grave, but he never mentioned it. It's all very strange to me... I have been through so much abuse and trauma in my childhood, but I came out okay through a lot of love and support. I love my family. I forgive people.

It's just all very sad. I cried when I went to bed last night. I try to stay strong, but I'm really sad that this happened. He blew a big hole in my heart and he tried to damage me. I really loved him, and I really tried.

kim

---

**From:** DJ Doran [mailto:dj@seafaring.com]

**Sent:** Sunday, February 05, 2012 8:54 PM

**To:** Kimberly Paternoster

**Subject:** Re: Out of CONTROL

Thats awesome.. I am glad to be home. You have the right outlook... Stay the course and be strong. surround yourself with supportive and positive people... they will be invaluable.

im hitting the sack.. well talk soon..

Best regards,

DJ Doran

Publisher

Latitudes & Attitudes Magazine

Living Aboard Magazine

Office: 310-798-3445 Ext. 208

Mobile: 415-967-2628

[www.seafaring.com](http://www.seafaring.com)

On Feb 5, 2012, at 8:44 PM, Kimberly Paternoster wrote:

I sent that first email because I was PISSED (obviously). It's just so damned ridiculous.

You know, I thought about what I wrote, and it was RETARDED too, because I wouldn't have EVER treated another human being the way he treated me. I think I am a kind-hearted person, and I care about people and how they feel. So the situation never would have been reversed. I would have worked to fix the problem. I wouldn't have made it worse.

Yeah, good luck there Chris.

Hope you are doing okay and happy to be home with Joe. I had a great day with my friends, saw Lisa and Chuck even, and Melissa even went to the party. As I looked around, I realized I was living in my own version of The Big Chill. Some of these people I've had in my life since I was 24 years old, and we're a big group of friends that love each other. There's a comfort level there that is just awesome. I had brought others (Meghan and TJ) into the group, as well as Lisa and Chuck. I was truly surrounded by love today, and it was really good.

kim

---

**From:** DJ Doran [<mailto:dj@seafaring.com>]  
**Sent:** Sunday, February 05, 2012 8:33 PM  
**To:** Kimberly Paternoster  
**Subject:** Re: Out of CONTROL

i always say "Be careful for what you wish for" he wanted this now he has it..

Best regards,

DJ Doran  
Publisher  
Latitudes & Attitudes Magazine  
Living Aboard Magazine  
Office: 310-798-3445 Ext. 208  
Mobile: 415-967-2628  
[www.seafaring.com](http://www.seafaring.com)

On Feb 5, 2012, at 8:31 PM, Kimberly Paternoster wrote:

God, he's such a freaking baby. Adults do NOT act like this. If the situation were reversed, I would be treating him civil at least. This is retarded. I hope he leaves again tomorrow. He said he was going to LA – I really need him to not be here this week. I don't want to fight, I just want my damned sweats. Unbelievable. And HE was the one that said he was using me for the last 6 years... the least he could do is show a little bit of compassion towards another human being. If he was using me, then he shouldn't be hurting...

Geez.

kim

---

**From:** DJ Doran [<mailto:dj@seafaring.com>]  
**Sent:** Sunday, February 05, 2012 8:28 PM  
**To:** Kimberly Paternoster  
**Subject:** Re: Out of CONTROL

Hang in there...

Best regards,

DJ Doran  
Publisher  
Latitudes & Attitudes Magazine  
Living Aboard Magazine  
Office: 310-798-3445 Ext. 208  
Mobile: 415-967-2628  
[www.seafaring.com](http://www.seafaring.com)

On Feb 5, 2012, at 8:26 PM, Kimberly Paternoster wrote:

I just got home from my super bowl party, and Chris is already in bed. I wanted to get into the bedroom and get some sweats... my f'in clothes are still in there. He's got the door locked. I banged, and asked him to please let me in to get my sweats. He doesn't move.

This is such BULLSHIT!!!! I paid \$2500 rent this month, \*I\* paid the effin rent, and he's lording over this place like he owns it.

God, I can't wait until this is over. Act like a damned child much??? Come on!!!

Grrr

kim

=====  
Kimberly Paternoster  
Wicked Code, Inc.  
<http://www.wickedcode.com>  
Ph: 415.779.CODE (2633)  
Fx: 877.735.2423