

Kimberly Paternoster <kim@wickedcode.com>

February 6, 2012 9:10 AM

To: DJ Doran <dj@seafaring.com>

RE: Out of CONTROL

Chris and I just had a conversation. We're both very very hurt. He keeps saying he is sorry for what he said to me, but I keep asking him why he said it in the first place. He tells me he had to in order to get me to stop bitching at him. He says that all he ever wanted was the "good Kim", and he didn't want to deal with the "bad Kim". I told him he couldn't have just that, he never could, that I came into the relationship with my own baggage, just like he did. He never seemed to be able to accept me for who I was. I AM a flawed human being with a lot of issues too. I just wanted to be loved and cared for. I didn't want to be talked down to.

I told him he blew a hole through my heart when he said what he said, and he still excused himself for it, saying he was angry. I don't think you say those things to anyone no matter how mad you are.

He is saying that I caused all of this, and telling me that I was the one who abused him. I know what I did, and I know I've been horrible too. He brought out the WORST in me.

I told him what I'm doing, how I've found a new place, and in a week and a half I will be gone and moved on. I told him I would make sure he was in the loop on what was going on.

I am really sad right now DJ. I know I will get through this, but man I AM really sad.

kim

From: DJ Doran [mailto:dj@seafaring.com]

Sent: Monday, February 06, 2012 8:24 AM

To: Kimberly Paternoster

Subject: Re: Out of CONTROL

We all have to face ourselves at some point and stop blaming others for the decisions we make today. We have all been hurt or disappointed at some point and if we can't face it and overcome it then we are destined to always live in that space. Not everyone gets that.

I hope both of you find peace and happiness in your life. Its the only one you get and living it is not a dress rehearsal as my Mom used to say.

Best regards,

DJ Doran

Publisher

Latitudes & Attitudes Magazine

Living Aboard Magazine

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On Feb 6, 2012, at 7:39 AM, Kimberly Paternoster wrote:

Hi there,

I slept like crap last night. I was sweating all night long, and had to move to the other side of the bed. I can't wait until this is all over. He is sitting here in the office next to me now working through a spreadsheet (it appears) on how to cover expenses.

You know he made FUN of me for being kicked out of Sextant? He would always say my life was falling down around me because I couldn't hold it together with you guys and I couldn't make my relationship work. Amazing to me how many things I've put up with all these years, all because I kept trying to make this "relationship" work. I remembered yesterday that when we moved in together, he kept his kitchenware and sheets boxed up. He would never get rid of them, and when I asked, he'd get angry at me. Yet, he claimed he was committed to me. Doesn't make sense right? I also realized yesterday that I finally know what happened with his family. I think he probably became a narcissist around 4 years old... that was when his mom "abandoned" him in an apartment for a day, locked him in, while she went off alone. He has described that moment as terrifying, and I can imagine as a 4 year old it probably was. They say narcissists act the age that they had the traumatic experience, and he acts like he's about that age. I think as he got older, people in his family wanted to be family... you give and take in a

family, it's not all take. I'm not saying they were perfect, but they were his family. He told me they wanted too much from him, so he cut them off. When his mom was dying, his brother asked him to come see her. He buried the letter and never contacted them. I was the one that found the obituary, and it was because he was listed as her son. Clearly she wasn't the one that wrote him off. When we were in St Louis I thought for sure he would want to go see her grave, but he never mentioned it. It's all very strange to me... I have been through so much abuse and trauma in my childhood, but I came out okay through a lot of love and support. I love my family. I forgive people.

It's just all very sad. I cried when I went to bed last night. I try to stay strong, but I'm really sad that this happened. He blew a big hole in my heart and he tried to damage me. I really loved him, and I really tried.

kim

From: DJ Doran [<mailto:dj@seafaring.com>]
Sent: Sunday, February 05, 2012 8:54 PM
To: Kimberly Paternoster
Subject: Re: Out of CONTROL

Thats awesome.. I am glad to be home. You have the right outlook... Stay the course and be strong. surround yourself with supportive and positive people... they will be invaluable.

im hitting the sack.. well talk soon..

Best regards,

DJ Doran
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On Feb 5, 2012, at 8:44 PM, Kimberly Paternoster wrote:

I sent that first email because I was PISSED (obviously). It's just so damned ridiculous.

You know, I thought about what I wrote, and it was RETARDED too, because I wouldn't have EVER treated another human being the way he treated me. I think I am a kind-hearted person, and I care about people and how they feel. So the situation never would have been reversed. I would have worked to fix the problem. I wouldn't have made it worse.

Yeah, good luck there Chris.

Hope you are doing okay and happy to be home with Joe. I had a great day with my friends, saw Lisa and Chuck even, and Melissa even went to the party. As I looked around, I realized I was living in my own version of The Big Chill. Some of these people I've had in my life since I was 24 years old, and we're a big group of friends that love each other. There's a comfort level there that is just awesome. I had brought others (Meghan and TJ) into the group, as well as Lisa and Chuck. I was truly surrounded by love today, and it was really good.

kim

From: DJ Doran [<mailto:dj@seafaring.com>]
Sent: Sunday, February 05, 2012 8:33 PM
To: Kimberly Paternoster
Subject: Re: Out of CONTROL

i always say "Be careful for what you wish for" he wanted this now he has it..

Best regards,

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On Feb 5, 2012, at 8:31 PM, Kimberly Paternoster wrote:

God, he's such a freaking baby. Adults do NOT act like this. If the situation were reversed, I would be treating him civil at least. This is retarded. I hope he leaves again tomorrow. He said he was going to LA – I really need him to not be here this week. I don't want to fight, I just want my damned sweats. Unbelievable. And HE was the one that said he was using me for the last 6 years... the least he could do is show a little bit of compassion towards another human being. If he was using me, then he shouldn't be hurting...

Geez.

kim

From: DJ Doran [<mailto:dj@seafaring.com>]
Sent: Sunday, February 05, 2012 8:28 PM
To: Kimberly Paternoster
Subject: Re: Out of CONTROL

Hang in there...

Best regards,

DJ Doran
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On Feb 5, 2012, at 8:26 PM, Kimberly Paternoster wrote:

I just got home from my super bowl party, and Chris is already in bed. I wanted to get into the bedroom and get some sweats... my f'in clothes are still in there. He's got the door locked. I banged, and asked him to please let me in to get my sweats. He doesn't move.

This is such BULLSHIT!!!! I paid \$2500 rent this month, *I* paid the effin rent, and he's lording over this place like he owns it.

God, I can't wait until this is over. Act like a damned child much??? Come on!!!

Grrr

kim

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