

Kimberly Paternoster <kpaternoster@gmail.com>

December 10, 2011 9:15 AM

To: DJ Doran

Re: Slept like shit

I just am not sure how to get over those kinds of things. He told me last night in his eyes, I was not worth his time. He told me the company could replace me. He said everything hurtful except for something about my weight. I am super sad.

Kimberly Paternoster
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On Dec 10, 2011, at 9:13, DJ Doran <dj@sextantpublishing.com> wrote:

OMG... i am sorry...

DJ Doran
President/CEO
Sextant Publishing, Inc.
415-967-2628

On Dec 10, 2011, at 9:08, Kimberly Paternoster <kpaternoster@gmail.com> wrote:

My mom is still here, so she is talking. Chris has not gotten up, and I think probably because he thinks I told her. He probably is ashamed of some of the things he said too. He should be. I hear him getting up though.

I got my lazy ass up and worked for 2 hours already this morning. I feel like shit and am horrified that he would say the things he said to me.

So that is how I am this morning.

Kim

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On Dec 10, 2011, at 9:02, DJ Doran <dj@sextantpublishing.com> wrote:

WOW...

Just got your emails... sorry i missed your calls I went to bed almost right after we spoke... I was exhausted.

I will call as soon as I finish waking up and having coffee...

How are things this morning?

DJ Doran
President/CEO
Sextant Publishing, Inc.
415-967-2628

On Dec 10, 2011, at 6:20, "Kimberly Paternoster" <kim@wickedcode.com> wrote:

I slept on the couch last night after turning off the light about 11:30. Woke up at 5:30. I remembered this morning more of the things Chris said to me, which sucked. He made me feel horrible last night, useless. He said to me that the company could hire someone to do my job, and that I wasn't needed. And it was really HIM that was the biggest help in this deal, because HE was the sailor and the outstanding instructor. I was just someone technical that could be easily replaced.

Are these things the truth? Am I really not worth anything? Where is this coming from with him?

I don't know how to get over these things. The things he said to me hurt so much, a simple apology just isn't going to cut it. And if I know him, he won't even apologize. I feel like I work so hard to make our lives what they are, I cook, clean, make money, do the bills, juggle so many things, and to have him call me lazy and tell me I'm not worth his time... he might as well have told me he hated me, it had a similar impact I think.

kim

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