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To: DJ Doran

Slept like shit

I slept on the couch last night after turning off the light about 11:30. Woke up at 5:30. I remembered this morning more of the things Chris said to me, which sucked. He made me feel horrible last night, useless. He said to me that the company could hire someone to do my job, and that I wasn't needed. And it was really HIM that was the biggest help in this deal, because HE was the sailor and the outstanding instructor. I was just someone technical that could be easily replaced.

Are these things the truth? Am I really not worth anything? Where is this coming from with him?

I don't know how to get over these things. The things he said to me hurt so much, a simple apology just isn't going to cut it. And if I know him, he won't even apologize. I feel like I work so hard to make our lives what they are, I cook, clean, make money, do the bills, juggle so many things, and to have him call me lazy and tell me I'm not worth his time... he might as well have told me he hated me, it had a similar impact I think.

kim

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